

Lesson Plan: 36 months-48 months (3's)Unit: Summer FunDates: July 2021

Nature of Materials

All about Bubbles

Sports

Safety

Learning Domains	Week 1	Week 2	Week 3	Week 4	Every Week
<i>Each morning the teacher begins the day with welcome/greeting group time- disengaging stress, uniting the calls with connection ritual and breathing practices.</i>					
Physical Health and Motor Development <ul style="list-style-type: none"> Health and Well-being Gross Motor Skills Fine Motor Skills 	Fine motors: Reading to each other	Making Balloon Wishes	Bowling!	Red light, Green light Game	Yoga Poses- balancing, breathing, stretching, large & small body movements
	Activities: Show and tell PJ	Favorite Sport	Ribbon Dance!	Bean bag toss	Talk about week-end activities
	Health/ Nutrition: Zumba Dancing	Soccer Game	Basketball throw	Hula hoop obstacle course	Block Center- play and build with different sizes of blocks
	Gross motor/ Large body: Popsicle Crafts	Bubbles Craft	Touchdown Dance!	Jog in Place	SENSORY activity – add community helper figures to bins
Language & Communication Development <ul style="list-style-type: none"> Listening and Understanding Communication & Speaking Emergent Literacy 	Read:	Read:	Read:	Read:	Create _____ book and read each week
	Make Chart: 4 th of July	Make Chart: City of Plano	Make Chart: What goes in a fruit salad?	Make Chart: Our Favorite Zoo Animal	Play: _____ or whatever children decide
	Reading Time	Talk about 3 wishes	How to throw the bowling ball	Show and tell your playdough	Self help skills- hand washing, toilet training, eating
	MUSIC: Various	MUSIC: Various	MUSIC: Going on a bear hunt	MUSIC: The stop song	Puzzles with Letters
Social and Emotional Development <ul style="list-style-type: none"> Trust and Emotional Security Self-Awareness Self-Regulation Relationships with Others 	Fingerplay: Popsicle math	Fingerplay: How Many Tricks	Fingerplay: This little piggy	Fingerplay: 5 Little Monkeys	Connection Rituals- Twinkle, Twinkle little star
	Choices: Favorite Movie	Choices: How many bubbles	Choice: How can we choose to be healthy	Choices: What is a safe choice?	Teacher encourages children to be independent
	Model: Movie Actor	Model: What's your Favorite Magic Trick?	Model: Talk about different Activities + Habits that are good for us	Model: Look both Ways before we cross	Practice self-calming techniques STAR- Stop Take a Deep Breath and Relax- Conscious Discipline
Cognitive Development <ul style="list-style-type: none"> Exploration and Discovery Problem Solving Memory Imitation & Make Believe 	Science/Nature: Building w/ Popsicle	Science/Nature: Made of Bubbles	Science/Nature: Exercise + our body	Science/Nature: Water Texture	Shape sorters and simple memory game with children during play time
	Activity: How many Popsicles?	Activity: Blow up balloons	Activity: Different fruits	Activity: Police Visit	Talk about solving problems with friends anytime disagreements arise
	Sensory: Tasting Popsicles	Sensory: Bubbles	Sensory: Drawing with Chalk	Sensory: Play dough sculptures	Have magnifying glasses for children to explore objects
	Play: Imitation and Make Believe with PJ Day	Play: Magic Tricks	Play: Basketball player	Play: Be a lifeguard	Transitions- utilized to count & practice various skills

Physical Activity/Outdoors-90-120 minutes daily (30 minutes = free play and 30 minutes = caregiver led), this may be broken up into intervals throughout the day with a balance of indoor & outdoor activities

Monday	Tuesday	Wednesday	Thursday	Friday
Jumping Jacks	Pull ups	Touch toes	Jogging	Pull ups
Runs	Hula hoops	Touch elbows	Jumping Jacks	Hula hoops

High kicks	Sidekicks	Running	Throws ball	High kicks
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“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities:

Group: 3's

Month: July 2021

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____
